

SOUTH CENTRAL ORIENTEERING ASSOCIATION JUNIOR SQUAD

REPORT TO SCOA COMMITTEE MEETING DEC 2023

HIGHLIGHTS

- Great results at the Junior Inter Regional Champs (JIRCs) hosted by the Welsh Orienteering Association. Tommy was first in M16 and Adam second in M18. The squad was 6th overall after individuals, and 7th after the relays; another good year at the JIRCs.
- Three SCJS athletes took part in the Ward Junior Home Internationals. Tommy won the M16s by 2 mins, Adam was third on M18. Laura represented Wales in W18 providing essential scores for the team.

ACTIVITIES SEP 23 – DEC 23

Date	Location	Coach/Comments
17 Sep	Zoom	Pre-JIRCs Zoom session
23/24 Sep	South Wales	Annual Junior Inter Regional Champs (JIRCs). 12 athletes and 3 adults attended the event.
4 Nov 23	Bucklebury	Training session led by John Methven in a very wet wood. We were joined by 3 new juniors and one from SWJOS.
24-26 Nov 23	Hawkshead	Annual M/W16 JROS camp hosted at YHA Hawkshead. Four athletes and 3 adults travelled to the Lakes for a fantastic weekend of orienteering.

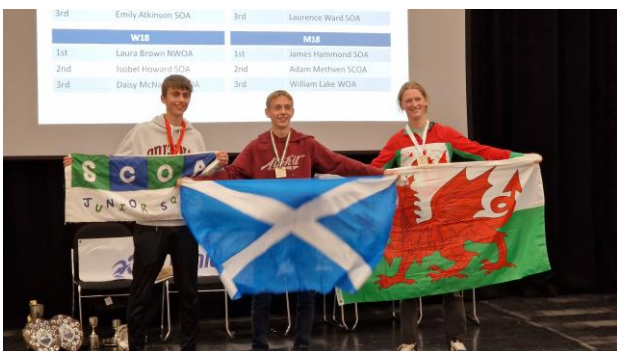
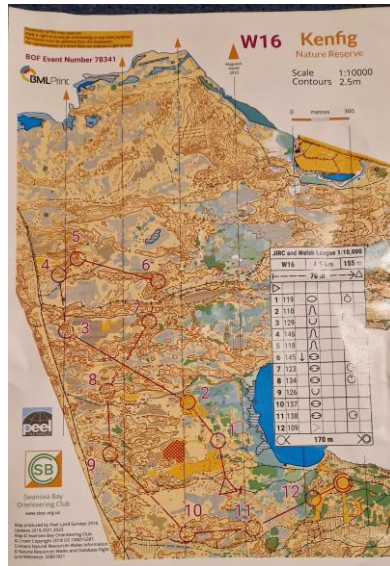
LOOKING FORWARD

- Clubs will need to coach and encourage M/W12s and M/W14s (2010-2012) to progress to Orange standard so that the squad can continue to pull through keen juniors.

PLANNED ACTIVITIES

Date	Location	Coach/Comments
16-17 Dec 23	Wilverley Scout Hut, New Forest	Christmas weekend training sessions. Being organised by Christine Currie. Expecting 12 athletes to attend.
13 Jan 24	Bramshaw	Invited to Bramshaw by SWJOS.
17 Feb 24	TBD	End of half term. Clash with Talent Squad but hopefully a good session for beginners.
2 or 16 Mar 24	TBD	

JIRCS



HAWKSHEAD

Hawkshead Night Sprint 2023

Final ABCD	1.5 km	30 m
1 234	⊗	⊙
2 231	△	⊙
3 185	⊗	⊙
4 238	△	⊙
5 232	△	⊙
6 231	△	⊙
7 183	△	⊙
8 237	>	⊙
9 231	△	⊙
10 188	△	⊙
11 240	△	⊙
13 235	⊗	⊙
14 184	△	⊙
15 235	△	⊙
16 231	△	⊙
17 234	△	⊙

ABCD

The Splendiferous Site of Hawkshead Youth Hostel

Unusual symbols

- × Tree Stump
- ⊙ Small Distinct Tree
- ⊗ Big Distinct Tree
- ⊙ Willow Tunnel
- + Telegraph Pole

Tipi bases and benches not shown
KEEP OFF the tipi bases

1:1500 5m

